

Morocco (Winter) Packing List

Medicine & Hygiene

- Imodium
- Gas-X
- Electrolyte Tabs - NUUN
- Antibiotics (get a basic prescription from your doctor)
- Band Aids
- Neosporin
- Aleve / Aleve D
- Probiotics
- Vitamins
- Toilet Paper (bring on day trips)
- Shampoo, Conditioner, Face Wash
- Skincare
- Sunscreen
- Hand Sanitizer / Wet Wipes
- Lact-aid (lactose pill)
- Melatonin (for flight & jet lag)
- Probiotics, Vitamins
- Hair Brush

Misc.

- PLUG ADAPTERS (Type C + Type E)
- Portable Chargers + Cords
- Copies of Passport
- Copies of Prescription Meds (in case)
- Vouchers from Travel Company
- Health Insurance Cards
- Travel Pillow / Sleep Mask
- Book(s)
- Journal and Pens
- Sunglasses
- Small Umbrella/Rain Jacket (packable)
- Headphones
- Ziplock Bags (toiletries and snacks)
- TSA-approved Combo Locks
- Extra Hair Ties / Bobby Pins
- Suitcase Packing Cubes / Laundry Bag

Clothes

- Pants for sand boarding + hiking sand dunes
- Scarf to cover shoulders + wrap around head
- Bandana to cover face
- Flip Flops for Hammam (Spa/Baths)
- Bathing Suit (bring 1 one piece just in case)
- Kaftan/Coverup for Spa/Pool
- Warm Socks for sleeping (Desert)
- Warm Pajamas (Desert)
- Hat
- Heavier Jacket (gets down to 40 at night)
- Light Jacket for day
- Fleece Layers
- Athletic Sneakers for hiking/workout
- Day Sneakers for walking
- Nice Dress/Top for fancy dinner(s)
- Long Sleeve Shirts
- Workout Clothes
- Long Skirt
- Sweaters
- Jeans
- Underwear/Bras/Socks
- Sandals

Snacks etc.

- Granola Bars
- Almond Milk
- Refillable Water Bottle
- Peanut/Almond Butter Packets